

# 28. 10 km Fliegerhorstlauf Schortens

## Ergebnisliste 10 km Teamlauf

| Platz | M/W | Name, Vorname             | JG | Verein                    | Klasse | KP | Zeit  |
|-------|-----|---------------------------|----|---------------------------|--------|----|-------|
| 1     | 1   | Freudenfeld, Christoph    | 74 | Logistikschnle der Bundes | M45    | 1  | 36:20 |
| 2     | 2   | Painter, Joseph           | 89 | ObjsRgtLw Ausbildungsstaf | M30    | 1  | 37:38 |
| 3     | 3   | Börner, Marc-Oliver       | 98 | Marineflieger             | MH     | 1  | 38:25 |
| 4     | 4   | Grabe, Nils               | 85 | Logistikschnle der Bundes | M35    | 1  | 38:25 |
| 5     | 5   | Feller, Martin            | 88 | Marineflieger             | M30    | 2  | 42:29 |
| 6     | 6   | Herke, Steffen            | 71 | LogZBw                    | M50    | 1  | 42:45 |
| 7     | 7   | Arkenau, Caspar-Sebastian | 75 |                           | M45    | 2  | 43:15 |
| 8     | 8   | Eckinger, Carsten         | 80 | Logistikschnle der Bundes | M40    | 1  | 43:35 |
| 9     | 9   | Larras, Karim             | 01 | 4. ObjSRgtLw              | MH     | 2  | 43:39 |
| 10    | 10  | Kathmann, Jens            | 81 | LG Fliegerhorst Upjever   | M40    | 2  | 43:43 |
| 11    | 11  | Dittebrandt, Dirk         | 72 | Polizeiinspektion Wilhelm | M50    | 2  | 43:59 |
| 12    | 12  | Beckmann, Stefan          | 83 | MUKdo                     | M35    | 2  | 44:08 |
| 13    | 13  | Ulmer, Renke              | 97 | 7. ObjSRgtLw Team 1       | MH     | 3  | 44:19 |
| 14    | 14  | Wegener, Eike             | 93 | Marineflieger             | MH     | 4  | 44:28 |
| 15    | 15  | Folkers, Wilhelm          | 67 | Logistikschnle der Bundes | M55    | 1  | 44:31 |
| 16    | 16  | Peter, Felix Josef        | 95 | 1. ObjSRgtLw              | MH     | 5  | 44:43 |
| 17    | 17  | Popken, Ulf               | 79 | Artiva Sports             | M40    | 3  | 44:48 |
| 18    | 18  | Langer, Timo              | 73 | WSV Harle                 | M45    | 3  | 44:55 |
| 19    | 19  | Wiesenberg, Toni          | 88 | Logistikschnle der Bundes | M30    | 3  | 45:19 |
| 20    | 1   | Döring, Bianka            | 73 | LogZBw                    | W45    | 1  | 45:29 |
| 21    | 20  | Waßmann, Lasse            | 08 | KGS Wiesmoor              | MJU16  | 1  | 45:38 |
| 22    | 21  | Rusch, Wilhelm            | 92 | 1. ObjSRgtLw              | M30    | 4  | 45:56 |
| 23    | 22  | Riedel, Nick              | 99 | 4. ObjSRgtLw              | MH     | 6  | 46:51 |
| 24    | 23  | Hofer, Franz              | 08 | KGS Wiesmoor              | MJU16  | 2  | 46:56 |
| 25    | 24  | Riechermann, Anton        | 08 | KGS Wiesmoor              | MJU16  | 3  | 46:58 |
| 26    | 25  | Größ, Alexander           | 82 | SB Region Nord-West       | M40    | 4  | 47:09 |
| 27    | 26  | Eden, Kurt                | 58 | TV Norden                 | M60    | 1  | 47:13 |
| 28    | 27  | Götze-Mogollon, Kurt Mig  | 94 | 1. ObjSRgtLw              | MH     | 7  | 47:32 |
| 29    | 28  | Bißheimer, Andreas        | 88 | 5. ObjSRgtLw              | M30    | 5  | 47:42 |
| 30    | 29  | Meiners, Hermann          | 66 | SB Region Nord-West       | M55    | 2  | 47:49 |
| 31    | 30  | Groß, Sven                | 91 | WfbM Aurich-Wittmund      | M30    | 6  | 47:49 |
| 32    | 31  | Meyer, Jörg               | 62 | LG Fliegerhorst Upjever   | M60    | 2  | 47:51 |
| 33    | 32  | Schneider, Kay            | 02 | 4. ObjSRgtLw              | MH     | 8  | 47:59 |
| 34    | 33  | Lübbe, Björn              | 70 | Wilhelmshaven             | M50    | 3  | 48:14 |
| 35    | 34  | Doden, Alfred             | 58 | LT TuS Holtriem           | M60    | 3  | 48:18 |
| 36    | 35  | Rimkus, Ralf              | 61 | Logistikschnle der Bundes | M60    | 4  | 48:26 |
| 37    | 36  | Siemens, Andy             | 90 | KGS Wiesmoor              | M30    | 7  | 48:30 |
| 38    | 37  | Ommen, Jens               | 69 | 7. ObjSRgtLw Einzelstarte | M50    | 4  | 48:30 |
| 39    | 38  | Janßen, Karsten           | 89 | LogZBw                    | M30    | 8  | 48:34 |
| 40    | 2   | Kalow, Nancy              | 82 | Mukdo WHV                 | W40    | 1  | 48:46 |
| 41    | 39  | Dempewulf, Pierre         | 90 | 5. ObjSRgtLw              | M30    | 9  | 48:54 |
| 42    | 3   | Baumann, Marion           | 71 | TuS Zetel                 | W50    | 1  | 48:55 |
| 43    | 40  | Grasse, Holger            | 65 | TuS Zetel                 | M55    | 3  | 48:56 |
| 44    | 41  | Langenkamp, Andre         | 93 | ObjSRgtLw Stab            | MH     | 9  | 49:08 |
| 45    | 42  | Naujoks-Menendez, Ludwig  | 01 | 4. ObjSRgtLw              | MH     | 10 | 49:09 |
| 46    | 43  | Langer, Malte             | 08 | WSV Harle                 | MJU16  | 4  | 49:12 |
| 47    | 44  | Görtz, Louis              | 01 | 2. ObjSRgtLw              | MH     | 11 | 49:23 |
| 48    | 45  | Milleck, Stefan           | 85 | 5. ObjSRgtLw              | M35    | 3  | 49:25 |
| 49    | 46  | Buchholz, Yannik          | 92 | 7. ObjSRgtLw              | M30    | 10 | 49:27 |
| 50    | 47  | Köllner, Eric             | 89 | 5. ObjSRgtLw              | M30    | 11 | 49:34 |
| 51    | 48  | Dröge, Ralf               | 75 | SB Region Nord-West       | M45    | 4  | 49:35 |
| 52    | 49  | Herrmann, Joris           | 08 | KGS Wiesmoor              | MJU16  | 5  | 49:49 |
| 53    | 50  | Keiser, Marlon            | 08 | KGS Wiesmoor              | MJU16  | 6  | 49:53 |

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## Ergebnisliste 10 km Teamlauf

| Platz | M/W | Name, Vormame            | JG | Verein                     | Klasse | KP | Zeit  |
|-------|-----|--------------------------|----|----------------------------|--------|----|-------|
| 54    | 51  | Hammers, Pasquale        | 00 | WfbM Aurich-Wittmund       | MH     | 12 | 49:56 |
| 55    | 52  | Dreyer, Eddi             | 69 | TakLw G 71                 | M50    | 5  | 50:00 |
| 56    | 53  | Rau, Dawid               | 95 | 2. ObjSRgtLw               | MH     | 13 | 50:15 |
| 57    | 54  | Kasdorf, Marcel          | 83 | 1. ObjSRgtLw               | M35    | 4  | 50:30 |
| 58    | 55  | Simon, Steffen           | 91 | 5. ObjSRgtLw               | M30    | 12 | 51:04 |
| 59    | 56  | Bendler, Carsten         | 82 | Landeskommando Niedersach  | M40    | 5  | 51:17 |
| 60    | 57  | Neuhäuser, Felix         | 92 | Logistikschiule der Bundes | M30    | 13 | 51:17 |
| 61    | 58  | Hofer, Michael           | 68 | KGS Wiesmoor               | M50    | 6  | 51:26 |
| 62    | 59  | Hahn, Torge              | 86 | 5. ObjSRgtLw               | M35    | 5  | 51:32 |
| 63    | 60  | Dreiling, Ilja           | 87 | 1. ObjSRgtLw               | M35    | 6  | 51:34 |
| 64    | 61  | Carstens-Waters, Peter   | 00 |                            | MH     | 14 | 51:37 |
| 65    | 62  | Koppers, Thomas          | 67 | Oldenburg                  | M55    | 4  | 51:58 |
| 66    | 63  | Juilfs, Kevin            | 00 | WfbM Aurich-Wittmund       | MH     | 15 | 52:07 |
| 67    | 64  | Höner, Franz             | 74 | MTV Hohenkirchen           | M45    | 5  | 52:11 |
| 68    | 65  | Hömske, Thomas           | 70 | Logistikschiule der Bundes | M50    | 7  | 52:13 |
| 69    | 66  | Schumann, Peter          | 59 | TuS Zetel                  | M60    | 5  | 52:15 |
| 70    | 67  | Schlegel, Joachim        | 62 | Lauftreff (Geh)Zeiten Jev  | M60    | 6  | 52:37 |
| 71    | 68  | Bajgosin, Andrej         | 86 | 2. ObjSRgtLw               | M35    | 7  | 52:39 |
| 72    | 4   | Reiners, Katja           | 71 | Lauftreffge(h)zeitenjeve   | W50    | 2  | 52:42 |
| 73    | 69  | Scholz, Michael          | 90 | SB Region Nord-West        | M30    | 14 | 52:43 |
| 74    | 70  | Reibe, Maik              | 74 | ObjSRgtLw Stab             | M45    | 6  | 52:57 |
| 75    | 71  | Reeves, Keanu            | 95 | 6. ObjSRgtLw Team 2        | MH     | 16 | 52:57 |
| 76    | 5   | Eisenhauer, Kristina     | 78 | LG Fliegerhorst Upjeve     | W40    | 2  | 53:02 |
| 77    | 6   | Leo, Nicola              | 78 | TuS Zetel                  | W40    | 3  | 53:08 |
| 78    | 72  | Frick, Arno              | 81 | ObjSRgtLw Stab I.          | M40    | 6  | 53:25 |
| 79    | 73  | Folkers, Daniel          | 94 | BSG Volksbank Jever        | MH     | 17 | 53:26 |
| 80    | 74  | Braun, Jürgen            | 69 | ObjSRgtLw Stab I.          | M50    | 8  | 53:28 |
| 81    | 7   | Elsen, Ricarda           | 89 | LogZBw                     | W30    | 1  | 53:33 |
| 82    | 75  | Brachthäuser, Joachim    | 73 | TuS Zetel                  | M45    | 7  | 53:40 |
| 83    | 8   | Stolle, Christine        | 75 | WSV Harle                  | W45    | 2  | 53:52 |
| 84    | 76  | Naumann, Andre           | 85 | SB Region Nord-West        | M35    | 8  | 53:59 |
| 85    | 77  | Wolf, Simon              | 00 | 5. ObjSRgtLw               | MH     | 18 | 54:02 |
| 86    | 78  | Gamon, Martin            | 90 | SB Region Nord-West        | M30    | 15 | 54:03 |
| 87    | 79  | Turinski, Stefan         | 78 | 7. ObjSRgtLw               | M40    | 7  | 54:05 |
| 88    | 80  | Ottersberg, Jörg         | 70 | Logistikschiule der Bundes | M50    | 9  | 54:06 |
| 89    | 81  | Hemken, Jan              | 66 | LG Fliegerhorst Upjeve     | M55    | 5  | 54:15 |
| 90    | 9   | Schöndube, Jeannette     | 70 | LG Wilhelmshaven           | W50    | 3  | 54:19 |
| 91    | 82  | Haack, Jürgen            | 57 | Projektteam IG 2023        | M65    | 1  | 54:41 |
| 92    | 83  | van Dijk, Mika           | 96 | 6. ObjSRgtLw Team 1        | MH     | 19 | 54:42 |
| 93    | 84  | Thomalla, Kai            | 83 | 2. ObjSRgtLw               | M35    | 9  | 54:45 |
| 94    | 85  | Hobbie, Renke            | 64 | MunLgr Zetel               | M55    | 6  | 54:54 |
| 95    | 86  | Timmermann, Markus       | 87 | Schorten                   | M35    | 10 | 55:00 |
| 96    | 87  | Yavuz, Ali-Osman         | 96 | 5. ObjSRgtLw               | MH     | 20 | 55:00 |
| 97    | 88  | Hegenbarth-Weets, Amadeu | 94 | ObjSRgtLw Stab I.          | MH     | 21 | 55:07 |
| 98    | 89  | Riep, Henning-Carsten    | 80 | Sieverstedt                | M40    | 8  | 55:13 |
| 99    | 90  | Tschusov, Artem          | 82 | 5. ObjSRgtLw               | M40    | 9  | 55:21 |
| 100   | 91  | Fürstenwerth, Joris      | 06 | WSV Harle                  | MJU18  | 1  | 55:37 |
| 101   | 92  | Bergmann, Benjamin       | 83 | ObjSRgtLw Stab II.         | M35    | 11 | 55:56 |
| 102   | 93  | Schoon, Benjamin         | 81 | ObjSRgtLw Stab             | M40    | 10 | 55:57 |
| 103   | 94  | Hannuschka, Pascal       | 91 | 7. ObjSRgtLw Team 1        | M30    | 16 | 55:59 |
| 104   | 95  | Zakrzewski, Steven       | 83 | 3. ObjSRgtLw               | M35    | 12 | 56:20 |
| 105   | 96  | Gronholz, Leonhardt      | 94 | 1. ObjSRgtLw               | MH     | 22 | 56:23 |
| 106   | 97  | Mühling, Veit            | 64 | SB Region Nord-West        | M55    | 7  | 56:29 |

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| Platz | M/W | Name, Vormame           | JG | Verein                    | Klasse | KP | Zeit    |
|-------|-----|-------------------------|----|---------------------------|--------|----|---------|
| 107   | 98  | Seidel, Maximilian      | 97 | 1. ObjSRgtLw              | MH     | 23 | 56:29   |
| 108   | 99  | Elias, Christian        | 78 | TuS Zetel                 | M40    | 11 | 56:30   |
| 109   | 100 | Voelkert, Jan           | 93 | Polizeiinspektion Wilhelm | MH     | 24 | 56:31   |
| 110   | 10  | Hofer, Nicole           | 78 | KGS Wiesmoor              | W40    | 4  | 56:35   |
| 111   | 101 | Hesse, Thomas           | 69 | ObjSRgtLw Stab            | M50    | 10 | 56:44   |
| 112   | 102 | Metsch, Christian       | 79 | 5. ObjSRgtLw              | M40    | 12 | 57:00   |
| 113   | 103 | Bonkowske, Christian    | 72 | SB Region Nord-West       | M50    | 11 | 57:13   |
| 114   | 104 | Heggemann, Bodo         | 69 | 6. ObjSRgtLw Team 1       | M50    | 12 | 57:23   |
| 115   | 105 | Meyer, Kai-Uwe          | 78 | ObjSRgtLw AusbStff        | M40    | 13 | 57:29   |
| 116   | 106 | Degener, Peter          | 52 | Wilhelmshaven             | M70    | 1  | 57:38   |
| 117   | 107 | Stolle, Ole             | 01 | 4. ObjSRgtLw              | MH     | 25 | 57:45   |
| 118   | 108 | Schepers, Pascal        | 88 | ObjSRgtLw Stab            | M30    | 17 | 58:05   |
| 119   | 109 | Oltmanns, Paul          | 03 | 6. ObjSRgtLw Team 1       | MJU20  | 1  | 58:05   |
| 120   | 110 | te Kaat, Lukas          | 94 | 7. ObjSRgtLw Team 3       | MH     | 26 | 58:11   |
| 121   | 111 | Zielinski, Artur        | 74 | ObjSRgtLw Stab            | M45    | 8  | 58:35   |
| 122   | 112 | Endres, Kevin           | 02 | 2. ObjSRgtLw              | MH     | 27 | 58:36   |
| 123   | 113 | Kaul, Jannis            | 02 | BSG Volksbank Jever       | MH     | 28 | 58:42   |
| 124   | 114 | Friedrichs, Nico        | 98 | BSG Volksbank Jever       | MH     | 29 | 58:45   |
| 125   | 115 | Wichmann, Jens          | 93 | 7. ObjSRgtLw Team 2       | MH     | 30 | 58:57   |
| 126   | 116 | König, Joshua           | 95 | 1. ObjSRgtLw              | MH     | 31 | 58:59   |
| 127   | 117 | Cramer, Marko           | 74 | 7. ObjSRgtLw Team 4       | M45    | 9  | 58:59   |
| 128   | 118 | Fiedler, Simon          | 98 | 5. ObjSRgtLw              | MH     | 32 | 59:02   |
| 129   | 119 | Nenad, Ognien           | 90 | 7. ObjSRgtLw Team 4       | M30    | 18 | 59:07   |
| 130   | 120 | Bäumer, Piet            | 93 | ObjSRgtLw Stab            | MH     | 33 | 59:14   |
| 131   | 121 | Bruhnken, Hans-Günter   | 54 | BSG Volksbank Jever       | M65    | 2  | 59:34   |
| 132   | 122 | Ways, Michael           | 87 | 7. ObjSRgtLw Team 5       | M35    | 13 | 59:45   |
| 133   | 123 | Paul, Frederik          | 94 | 7. ObjSRgtLw              | MH     | 34 | 59:45   |
| 134   | 124 | Schierenberg, Jannik    | 00 | WfbM Aurich-Wittmund      | MH     | 35 | 59:52   |
| 135   | 125 | Brunken, Sebastian      | 88 | 5. ObjSRgtLw              | M30    | 19 | 1:00:06 |
| 136   | 126 | Steinert, Patrick       | 89 | 7. ObjSRgtLw Team 5       | M30    | 20 | 1:00:24 |
| 137   | 11  | Antweiler, Kathrin      | 77 | Projektteam IG 2023       | W45    | 3  | 1:00:28 |
| 138   | 127 | Urbach, Antolij         | 90 | ObjSRgtLw Stab I.         | M30    | 21 | 1:00:45 |
| 139   | 12  | Quarg, Karin            | 57 | BSG Volksbank Jever       | W65    | 1  | 1:01:09 |
| 140   | 128 | Park, Harm              | 53 | TuS Weene                 | M65    | 3  | 1:01:14 |
| 141   | 129 | von Garrel, Leon        | 90 | 7. ObjSRgtLw Team 4       | M30    | 22 | 1:01:17 |
| 142   | 130 | Widuch, Kevin           | 93 | 7. ObjSRgtLw Team 2       | MH     | 36 | 1:01:23 |
| 143   | 131 | Mannheim, Michael       | 46 | LLG 80 Nordpark Köln      | M75    | 1  | 1:01:33 |
| 144   | 13  | Ehnts-Hinrichs, Gertrud | 65 | LG Fliegerhorst Upjever   | W55    | 1  | 1:01:34 |
| 145   | 132 | Schuhmann, Marcel       | 99 | 6. ObjSRgtLw Team 1       | MH     | 37 | 1:01:36 |
| 146   | 133 | Bartels, Ernst          | 55 | MTV Hohenkirchen          | M65    | 4  | 1:01:59 |
| 147   | 14  | Fürstenwerth, Sabrina   | 76 | WSV Harle                 | W45    | 4  | 1:02:00 |
| 148   | 15  | Blattgerste, Hergit     | 75 | Die Physioprofis          | W45    | 5  | 1:02:00 |
| 149   | 134 | Reingard, Juri          | 80 | SB Region Nord-West       | M40    | 14 | 1:02:05 |
| 150   | 135 | Klinkenborg, Enno       | 49 | TV Norden                 | M70    | 2  | 1:02:08 |
| 151   | 136 | Ucar, Özgür             | 82 | SB Region Nord-West       | M40    | 15 | 1:02:16 |
| 152   | 137 | Hahs, Henry             | 85 | 7. ObjSRgtLw Team 1       | M35    | 14 | 1:02:22 |
| 153   | 138 | Haak, Kevin             | 00 | WfbM Aurich-Wittmund      | MH     | 38 | 1:02:31 |
| 154   | 139 | Dorf Müller, Pepe       | 62 | LG Fliegerhorst Upjever   | M60    | 7  | 1:02:56 |
| 155   | 140 | Bröckel, Dennis         | 92 | 7. ObjSRgtLw Team 2       | M30    | 23 | 1:02:58 |
| 156   | 141 | Schreiber, Tom          | 77 | ObjSRgtLw Stab II.        | M45    | 10 | 1:03:11 |
| 157   | 142 | Süpple, Eugen           | 90 | 7. ObjSRgtLw Team 3       | M30    | 24 | 1:03:22 |
| 158   | 16  | Hajek, Verena           | 52 | LLG 80 Nordpark Köln      | W70    | 1  | 1:03:30 |
| 159   | 143 | Meißner, Jonas          | 98 | ObjSRgtLw Stab II.        | MH     | 39 | 1:03:54 |

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| Platz | M/W | Name, Vormame           | JG | Verein                    | Klasse | KP | Zeit    |
|-------|-----|-------------------------|----|---------------------------|--------|----|---------|
| 160   | 144 | Mohrenz, Kai            | 92 | Stab Objektschutz         | M30    | 25 | 1:03:56 |
| 161   | 17  | Meinen, Marina          | 74 | KGS Wiesmoor              | W45    | 6  | 1:03:58 |
| 162   | 18  | Gille, Wiebke           | 87 | KGS Wiesmoor              | W35    | 1  | 1:04:05 |
| 163   | 145 | Over, Gerhard           | 53 | Meppen                    | M65    | 5  | 1:04:37 |
| 164   | 19  | Schwartz, Sina          | 90 | LogZBw                    | W30    | 2  | 1:04:47 |
| 165   | 146 | Keemann, Jens           | 75 | ObjSRgtLw Stab II.        | M45    | 11 | 1:04:57 |
| 166   | 147 | Konieczny, Sven         | 70 | ObjSRgtLw Stab            | M50    | 13 | 1:04:57 |
| 167   | 148 | Oetken, Johannes        | 50 | TuS Zetel                 | M70    | 3  | 1:05:05 |
| 168   | 149 | Klingsporn, Robert      | 88 | 7. ObjSRgtLw Team 5       | M30    | 26 | 1:05:21 |
| 169   | 150 | Schaffrath, Christopher | 90 | 5. ObjSRgtLw              | M30    | 27 | 1:05:45 |
| 170   | 151 | Rudolph, Matthias       | 69 | Kurt sien Trupp           | M50    | 14 | 1:05:48 |
| 171   | 152 | Wotte, Christoph        | 74 | SB Region Nord-West       | M45    | 12 | 1:05:50 |
| 172   | 153 | Leusch, Michael         | 84 | 7. ObjSRgtLw              | M35    | 15 | 1:06:02 |
| 173   | 154 | Meyer, Dennis           | 69 | SB Region Nord-West       | M50    | 15 | 1:06:13 |
| 174   | 155 | Steinkamp, Kai          | 74 | SB Region Nord-West       | M45    | 13 | 1:06:17 |
| 175   | 156 | Kalow, Tim              | 83 | ObjSRgtLw AusbStff        | M35    | 16 | 1:06:25 |
| 176   | 157 | Zimmermann, Ralf        | 85 | ObjSRgtLw AusbStff        | M35    | 17 | 1:06:27 |
| 177   | 20  | Bensing, Stefanie       | 90 | ObjSRgtLw AusbStff        | W30    | 3  | 1:06:32 |
| 178   | 158 | Pohling, Steffen        | 83 | ObjSRgtLw AusbStff        | M35    | 18 | 1:06:36 |
| 179   | 159 | Barnett, Christian      | 81 | 5. ObjSRgtLw              | M40    | 16 | 1:07:08 |
| 180   | 160 | Bergmann, Rene          | 92 | ObjSRgtLw Stab I.         | M30    | 28 | 1:07:17 |
| 181   | 161 | White, Patrick          | 95 | 7. ObjSRgtLw Team 1       | MH     | 40 | 1:07:33 |
| 182   | 21  | Lübke, Yvonne           | 87 | ObjSRgtLw Stab II.        | W35    | 2  | 1:07:44 |
| 183   | 162 | Wagemann, Lennart       | 91 | SB Region Nord-West       | M30    | 29 | 1:07:50 |
| 184   | 22  | Klinkenborg, Margit     | 52 | TV Norden                 | W70    | 2  | 1:09:32 |
| 185   | 163 | Peters, Marc-André      | 71 | 3. ObjSRgtLw              | M50    | 16 | 1:10:13 |
| 186   | 164 | Bode, Philip            | 86 | 3. ObjSRgtLw              | M35    | 19 | 1:10:13 |
| 187   | 165 | Bratke, Fabian          | 89 | 3. ObjSRgtLw              | M30    | 30 | 1:10:13 |
| 188   | 166 | Rottwinkel, Marc Ralf   | 85 | 3. ObjSRgtLw              | M35    | 20 | 1:10:13 |
| 189   | 23  | Neumann, Nelli          | 92 | 3. ObjSRgtLw              | W30    | 4  | 1:10:13 |
| 190   | 167 | Schoenmakers, Jens      | 89 | 3. ObjSRgtLw              | M30    | 31 | 1:10:13 |
| 191   | 168 | Witt, Tobias            | 92 | 3. ObjSRgtLw              | M30    | 32 | 1:10:14 |
| 192   | 169 | Sitka, Christopher      | 00 | 7. ObjSRgtLw Team 1       | MH     | 41 | 1:10:40 |
| 193   | 170 | Blechtschmidt, Marcus   | 89 | 7. ObjSRgtLw Team 5       | M30    | 33 | 1:10:42 |
| 194   | 171 | Packeisen, Danny Lee    | 00 | 5. ObjSRgtLw              | MH     | 42 | 1:10:53 |
| 195   | 172 | Janssen, Georg          | 50 | TV Norden                 | M70    | 4  | 1:12:29 |
| 196   | 173 | Mlinski, Lucas          | 88 | 7. ObjSRgtLw Team 3       | M30    | 34 | 1:14:31 |
| 197   | 174 | Steffens, Willi         | 92 | 7. ObjSRgtLw Team 2       | M30    | 35 | 1:15:22 |
| 198   | 175 | Teerling, Eldert-Marten | 94 | 7. ObjSRgtLw Team 3       | MH     | 43 | 1:15:57 |
| 199   | 176 | Hassinger, Alexander    | 89 | 7. ObjSRgtLw              | M30    | 36 | 1:16:01 |
| 200   | 24  | Schmidt, Solveig        | 00 | BSG Volksbank Jever       | WH     | 1  | 1:16:01 |
| 201   | 25  | Walczak, Emily          | 03 | BSG Volksbank Jever       | WJU20  | 1  | 1:16:02 |
| 202   | 177 | Ristow, Raphael         | 98 | 6. ObjSRgtLw Team 2       | MH     | 44 | 1:16:49 |
| 203   | 178 | Jung, Sascha            | 85 | 6. ObjSRgtLw Team 2       | M35    | 21 | 1:16:50 |
| 204   | 179 | Ketzer, Daniel          | 88 | 7. ObjSRgtLw Team 5       | M30    | 37 | 1:20:51 |
| 205   | 180 | Greb, Horst             | 38 | TSR Olympia Wilhelmshaven | M80    | 1  | 1:22:10 |
| 206   | 181 | Würdemann, Sönke        | 01 | 7. ObjSRgtLw Team 3       | MH     | 45 | 1:24:11 |