

# Rhodolauf Westerstede

## Ergebnisliste 5 km Parklauf

| Platz | M/W | Name, Vorname            | JG | Verein                    | Klasse | KP | Zeit  |
|-------|-----|--------------------------|----|---------------------------|--------|----|-------|
| 1     | 1   | Majewski, Michael        | 93 | BV Garrel                 | M30    | 1  | 14:55 |
| 2     | 2   | Tam, Damian              | 07 | JFV Bremerhaven           | MJ     | 1  | 16:33 |
| 3     | 3   | Bellmann, Leif           | 05 | TUS Ofen                  | MJ     | 2  | 16:34 |
| 4     | 4   | Schwengels, Lucas        | 96 | BV Garrel                 | MH     | 1  | 16:40 |
| 5     | 5   | Rosenau, Piet            | 07 | TuS Ofen                  | MJ     | 3  | 16:44 |
| 6     | 6   | Freese, Mathias          | 86 | DSC Oldenburg             | M35    | 1  | 17:42 |
| 7     | 7   | Sitzmann, Jonas          | 96 | MTV Braunschweig          | MH     | 2  | 17:45 |
| 8     | 8   | Söhle, Jim               | 09 | 1 TCO Die Bären           | MJU16  | 1  | 17:51 |
| 9     | 9   | Sitzmann, Bjarne         | 98 | 1 TCO Die Bären           | MH     | 3  | 17:57 |
| 10    | 10  | Bolles, Andre            | 83 | Edewechter Schwimmverein  | M40    | 1  | 18:13 |
| 11    | 11  | Coordes, Andre           | 97 |                           | MH     | 4  | 19:24 |
| 12    | 12  | Petrauschke, Adrian      | 78 |                           | M45    | 1  | 20:02 |
| 13    | 13  | Kammann, Jens            | 85 | EWE Lläuft                | M35    | 2  | 20:06 |
| 14    | 14  | Kramer, Dirk             | 75 | Westerstede               | M45    | 2  | 20:10 |
| 15    | 15  | Herzog, Alexander        | 03 | STV Barßel                | MH     | 5  | 20:21 |
| 16    | 16  | Eilers, Simon            | 96 |                           | MH     | 6  | 20:32 |
| 17    | 17  | Remmers, Dennis          | 00 | HOOKSIEL                  | MH     | 7  | 21:17 |
| 18    | 18  | Fecht, Kurt              | 70 | Apen                      | M50    | 1  | 21:26 |
| 19    | 19  | Drozdowski, Mariusz      | 90 |                           | M30    | 2  | 21:32 |
| 20    | 20  | Caspers, Jan-Ole         | 03 | TuS Oestringen            | MH     | 8  | 21:47 |
| 21    | 1   | Dr. Angermann, Maike     | 91 | ohne                      | W30    | 1  | 21:53 |
| 22    | 21  | Dormann, Marvin          | 99 |                           | MH     | 9  | 22:26 |
| 23    | 22  | Fikentscher, Leon        | 02 | Niedersachsen - Friedebur | MH     | 10 | 22:51 |
| 24    | 23  | Janßen, Armin            | 82 | AMF Bruns                 | M40    | 2  | 22:55 |
| 25    | 2   | Radtke, Daniela          | 84 | Team OBW                  | W40    | 1  | 23:03 |
| 26    | 24  | Pollmann, Michael        | 69 | FTC Hollen-Altliga        | M55    | 1  | 23:08 |
| 27    | 25  | Wilksen, Felix           | 10 | Tsg                       | MJU16  | 2  | 23:19 |
| 28    | 3   | Sitzmann, Melanie        | 71 | 1 TCO Die Bären           | W50    | 1  | 23:28 |
| 29    | 4   | Dongowski, Anke          | 67 |                           | W55    | 1  | 23:33 |
| 30    | 26  | Oeltjen, Lucas           | 97 | AMF Bruns                 | MH     | 11 | 23:48 |
| 31    | 27  | Petznik, Bennet          | 00 |                           | MH     | 12 | 24:02 |
| 32    | 28  | Haugwitz, Christian      | 81 | Laufgruppe Hof Mochner    | M40    | 3  | 24:07 |
| 33    | 29  | Wittje, Malte            | 96 | AMF Bruns                 | MH     | 13 | 24:10 |
| 34    | 30  | Modigell, Claas          | 08 |                           | MJ     | 4  | 24:13 |
| 35    | 5   | Eilers, Lea Sophie       | 99 | Fight Club Elite          | WH     | 1  | 24:19 |
| 36    | 6   | Borchers, Nina           | 95 |                           | WH     | 2  | 24:23 |
| 37    | 31  | Gröneweg, Christoph      | 81 | STV Barßel                | M40    | 4  | 24:25 |
| 38    | 32  | Semmler, Michael         | 88 | Fight Club Elite          | M35    | 3  | 24:26 |
| 39    | 7   | Dreesch-Rosendahl, Beate | 79 |                           | W45    | 1  | 24:30 |
| 40    | 33  | Modigell, Thomas         | 69 | SSV Gristede              | M55    | 2  | 24:43 |
| 41    | 34  | Pleil, Nils              | 93 |                           | M30    | 3  | 24:52 |
| 42    | 8   | Becker, Helena           | 87 | STV Barßel                | W35    | 1  | 25:02 |
| 43    | 35  | Lipski, Tomasz           | 79 | Polnische Adler           | M45    | 3  | 25:06 |
| 44    | 36  | Prins, Philipp           | 88 |                           | M35    | 4  | 25:07 |
| 45    | 37  | Thater, Ralf             | 60 | LSF Oldenburg             | M60    | 1  | 25:08 |
| 46    | 38  | Caspers, Christoph       | 95 | TuS Oestringen            | MH     | 14 | 25:10 |
| 47    | 39  | Burtz, Hendrik           | 06 | STV Barßel                | MJ     | 5  | 25:14 |
| 48    | 40  | Bruns, Carsten           | 93 | Fight Club Elite          | M30    | 4  | 25:18 |
| 49    | 9   | Martens, Elvan           | 87 | SSV Gristede              | W35    | 2  | 25:28 |
| 50    | 10  | Theilen, Julia           | 05 | Laufgruppe Hof Mochner    | WJ     | 1  | 25:41 |
| 51    | 11  | Wolf, Thera              | 93 | kvhs Ammerland            | W30    | 2  | 25:41 |
| 52    | 41  | Schürmann, Björn         | 78 |                           | M45    | 4  | 25:43 |
| 53    | 12  | Broziat, Nina            | 80 | SSV Gristede              | W40    | 2  | 25:44 |

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| Platz | M/W | Name, Vormame            | JG | Verein                   | Klasse | KP | Zeit  |
|-------|-----|--------------------------|----|--------------------------|--------|----|-------|
| 54    | 13  | Müsker, Vanessa          | 75 | Laufgruppe Hof Mochner   | W45    | 2  | 25:44 |
| 55    | 14  | Geerdes, Sandra          | 85 | Die Meyenborg Logik      | W35    | 3  | 25:46 |
| 56    | 15  | Staack, Stefanie         | 82 |                          | W40    | 3  | 25:48 |
| 57    | 16  | Seidel, Janine           | 85 | VfL Jheringsfehn         | W35    | 4  | 26:02 |
| 58    | 17  | Henkel, Carmen           | 76 | TuS Obenstrohe Lauftreff | W45    | 3  | 26:04 |
| 59    | 42  | Strauß, Florian          | 86 | Team Orly                | M35    | 5  | 26:10 |
| 60    | 43  | Acht, Andreas            | 83 | Oldenburg                | M40    | 5  | 26:13 |
| 61    | 18  | Lang, Victoria           | 85 |                          | W35    | 5  | 26:14 |
| 62    | 44  | Janssen, Günther         | 68 | Kein Verein              | M55    | 3  | 26:25 |
| 63    | 19  | Sprenger, Ramona         | 81 | TuS Obenstrohe Lauftreff | W40    | 4  | 26:26 |
| 64    | 45  | Höper, Justus            | 93 |                          | M30    | 5  | 26:28 |
| 65    | 20  | Albers, Katharina        | 95 | Redfit Remels            | WH     | 3  | 26:33 |
| 66    | 21  | Nullmeier, Tatjana       | 84 | Running Crew             | W40    | 5  | 26:34 |
| 67    | 46  | Stumpf, Kai-Uwe          | 59 | ohne                     | M65    | 1  | 26:48 |
| 68    | 22  | Kruska, Carina           | 93 | AMF Bruns                | W30    | 3  | 26:53 |
| 69    | 47  | Frieß, Michael           | 89 | STV Barßel               | M35    | 6  | 27:05 |
| 70    | 48  | Eyhusen, Timo            | 82 | Landkreis Leer           | M40    | 6  | 27:24 |
| 71    | 49  | Bollenhagen, Thomas      | 60 | Rastede Budo Dojo        | M60    | 2  | 27:24 |
| 72    | 23  | Bruns, Imke              | 90 |                          | W30    | 4  | 27:25 |
| 73    | 50  | Frers, Harald            | 52 |                          | M70    | 1  | 27:27 |
| 74    | 51  | Janssen, Rolf-Jan        | 84 | Kommandofischfrikadelle  | M40    | 7  | 27:37 |
| 75    | 52  | Tschernenko, Anatoli     | 82 | Fight Club Elite         | M40    | 8  | 27:51 |
| 76    | 53  | Kleen, Florian           | 99 | SV Hinrichsfehn          | MH     | 15 | 28:14 |
| 77    | 24  | Herrling, Amelie         | 09 |                          | WJU16  | 1  | 28:16 |
| 78    | 54  | Herrling, Hanno          | 66 | Die Bären                | M55    | 4  | 28:18 |
| 79    | 25  | Schuster-Schürmann, Katr | 82 |                          | W40    | 6  | 28:19 |
| 80    | 26  | Engelken, Steffi         | 80 |                          | W40    | 7  | 28:24 |
| 81    | 27  | Salos, Laura             | 92 |                          | W30    | 5  | 28:48 |
| 82    | 28  | Haugwitz, Christina      | 81 | Laufgruppe Hof Mochner   | W40    | 8  | 28:48 |
| 83    | 55  | Tscherney, Bernd-Ulrich  | 48 | MTV Hooksiel             | M75    | 1  | 28:55 |
| 84    | 29  | Szewczyk, Özgül          | 93 |                          | W30    | 6  | 29:00 |
| 85    | 30  | Schlesier, Juli          | 85 |                          | W35    | 6  | 29:09 |
| 86    | 56  | Füllborn, Gerrit         | 92 |                          | M30    | 6  | 29:24 |
| 87    | 31  | Hoffmann, Doris          | 69 | Speed Women              | W55    | 2  | 29:25 |
| 88    | 32  | Raeder, Anja             | 79 |                          | W45    | 4  | 29:32 |
| 89    | 57  | Fischer, Jan             | 89 | Laufgruppe Hof Mochner   | M35    | 7  | 29:43 |
| 90    | 33  | Wulfert, Anna            | 95 | Westerstede              | WH     | 4  | 30:08 |
| 91    | 58  | Schäfer, Marco Julian    | 92 | LG Ostfriesland          | M30    | 7  | 30:30 |
| 92    | 34  | Dittjen, Meike           | 84 |                          | W40    | 9  | 30:31 |
| 93    | 35  | Petznik, Corinna         | 97 |                          | WH     | 5  | 30:35 |
| 94    | 59  | Knickmann, Vincent       | 98 |                          | MH     | 16 | 30:35 |
| 95    | 36  | Holz, Sabrina            | 87 |                          | W35    | 7  | 30:39 |
| 96    | 60  | Remmers, Werner          | 57 | Hooksiel                 | M65    | 2  | 30:50 |
| 97    | 37  | Krapp, Monika            | 74 |                          | W50    | 2  | 30:55 |
| 98    | 38  | Petznik, Petra           | 66 |                          | W55    | 3  | 31:11 |
| 99    | 39  | zur Brügge, Janine       | 98 | kvhs Ammerland           | WH     | 6  | 31:20 |
| 100   | 40  | Meyenborg, Tanja         | 83 | Die Meyenborg Logik      | W40    | 10 | 31:21 |
| 101   | 41  | Fecht Ebken, Ramona      | 75 | Apen                     | W45    | 5  | 31:25 |
| 102   | 42  | Stöter, Andrea           | 76 |                          | W45    | 6  | 31:33 |
| 103   | 43  | Kruse, Sarah             | 92 |                          | W30    | 7  | 31:40 |
| 104   | 61  | Mühlen, Andreas zur      | 71 |                          | M50    | 2  | 31:51 |
| 105   | 44  | Willerbach, Nantke       | 06 |                          | WJ     | 2  | 31:56 |
| 106   | 45  | Krey, Marion             | 78 | Redfit Remels            | W45    | 7  | 32:00 |

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| Platz | M/W | Name, Vorname        | JG | Verein                 | Klasse | KP | Zeit  |
|-------|-----|----------------------|----|------------------------|--------|----|-------|
| 107   | 46  | Groß, Kristina       | 81 |                        | W40    | 11 | 32:15 |
| 108   | 47  | Beeken, Claudia      | 78 |                        | W45    | 8  | 32:21 |
| 109   | 48  | Adden, Heide         | 63 |                        | W60    | 1  | 32:25 |
| 110   | 62  | Depken, Ulli         | 64 | PSV - Oldenburg        | M60    | 3  | 32:40 |
| 111   | 49  | Treffke, Anja        | 79 | Fraktion Fratzenfiasco | W45    | 9  | 32:44 |
| 112   | 50  | Pöpping, Lena        | 83 |                        | W40    | 12 | 32:49 |
| 113   | 51  | Möller, Marleen      | 85 |                        | W35    | 8  | 32:55 |
| 114   | 52  | Winter, Petra        | 65 | Speed Women            | W55    | 4  | 33:31 |
| 115   | 53  | Voß, Jennifer        | 97 |                        | WH     | 7  | 33:32 |
| 116   | 54  | Willerbach, Inken    | 09 |                        | WJU16  | 2  | 33:43 |
| 117   | 63  | Baptist, Hannes      | 84 | AMF Bruns              | M40    | 9  | 33:43 |
| 118   | 55  | Gerdes, Jessica      | 85 | AMF Bruns              | W35    | 9  | 33:44 |
| 119   | 56  | Hullen, Marlene      | 04 |                        | WH     | 8  | 33:47 |
| 120   | 57  | Ulferts, Christin    | 86 |                        | W35    | 10 | 34:02 |
| 121   | 58  | Stoffers, Jutta      | 70 | TUS Obenstrohe         | W50    | 3  | 34:26 |
| 122   | 59  | zur Brügge, Tanja    | 80 | kvhs Ammerland         | W40    | 13 | 34:39 |
| 123   | 60  | Kulas, Andrea        | 90 |                        | W30    | 8  | 35:40 |
| 124   | 61  | Wissowski, Julia     | 89 | Running Crew           | W35    | 11 | 35:45 |
| 125   | 62  | Schubert, Tanja      | 76 |                        | W45    | 10 | 39:08 |
| 126   | 64  | Gorselitz, Gottfried | 56 |                        | M65    | 3  | 44:41 |