

20. Halbmarathon in Lesmona am 03.09.2017
Ergebnisliste Edeka Damerow 10-km-Lauf

| Platz | M/W | Name, Vorname | JG | Verein | Klasse | KP | Zeit |
|-------|-----|--------------------------|----|---------------------------|--------|----|-------|
| 1 | 1 | Tsegay, Brhane | 93 | Sg akquinet Lemwerder | M | 1 | 32:50 |
| 2 | 2 | Hailu, Abiel | 95 | LG Kreis Verden | M | 2 | 33:38 |
| 3 | 3 | Oberschilp, Andreas | 67 | LG Bremen-Nord | M50 | 1 | 35:03 |
| 4 | 4 | Gezae, Filimon | 95 | | M | 3 | 35:07 |
| 5 | 5 | Sonnberg, Lars | 87 | Concordia Versicherungen | M30 | 1 | 37:31 |
| 6 | 6 | Beck, Matteo | 00 | Ritterhude | MJU18 | 1 | 37:33 |
| 7 | 7 | Cords, Marcus | 72 | | M45 | 1 | 37:41 |
| 8 | 8 | Briese, Dirk | 67 | Das rote Sofa | M50 | 2 | 39:43 |
| 9 | 9 | Decker, Jens | 68 | TV Eiche-Horn Bremen | M45 | 2 | 40:07 |
| 10 | 1 | Spreen, Julia | 80 | ATS Buntentor Bremen | W35 | 1 | 40:18 |
| 11 | 10 | Heinrichs, Jörg | 73 | Team Laufrausch Oldenburg | M40 | 1 | 40:32 |
| 12 | 11 | Witte, Jörg | 70 | Gerstria | M45 | 3 | 42:18 |
| 13 | 12 | Fuchs, Stefan | 66 | LT TV Schwanewede | M50 | 3 | 43:25 |
| 14 | 13 | Otten, Jens | 69 | BSG Sparkasse Bremen | M45 | 4 | 43:50 |
| 15 | 14 | Albertsen, Hans-Heinrich | 58 | ATS Buntentor Bremen | M55 | 1 | 45:08 |
| 16 | 15 | Gmehling, Abi | 62 | Bremen | M55 | 2 | 45:11 |
| 17 | 16 | Rodewald, Eckart | 63 | Bremen | M50 | 4 | 45:53 |
| 18 | 17 | Owusu, David | 88 | | M | 4 | 46:01 |
| 19 | 18 | Siedenburg, Jens | 61 | | M55 | 3 | 46:30 |
| 20 | 19 | Horoschko, Tobias | 78 | 1. FC Union Berlin | M35 | 1 | 46:32 |
| 21 | 20 | Lehrbaß-Slaby, Sebastian | 78 | Bremen | M35 | 2 | 47:07 |
| 22 | 21 | Lühmann, Marco | 70 | Laufftreff Ottersberg | M45 | 5 | 47:07 |
| 23 | 22 | Ziegler, Bastian | 81 | Bremen | M35 | 3 | 47:09 |
| 24 | 23 | Wieker, Ulrich | 65 | Grasberg | M50 | 5 | 47:10 |
| 25 | 24 | Rüdel, Peter | 51 | Werder Bremen | M65 | 1 | 47:25 |
| 26 | 25 | Wille, Hartmut | 54 | Sport Ziel - Marathonteam | M60 | 1 | 47:35 |
| 27 | 26 | Vetter, Christian | 68 | | M45 | 6 | 47:45 |
| 28 | 2 | Kummer, Uta | 66 | BLT BTV 1877 | W50 | 1 | 47:47 |
| 29 | 27 | Bollhorst, Olaf | 70 | LT TV Schwanewede | M45 | 7 | 47:48 |
| 30 | 28 | Moysies, Lars | 77 | LT TV Schwanewede | M40 | 2 | 48:03 |
| 31 | 29 | Dietz, Carsten | 64 | BSG Sparkasse Bremen | M50 | 6 | 48:24 |
| 32 | 30 | Ernst, Simon | 87 | LG Bremen-Nord | M30 | 2 | 48:28 |
| 33 | 31 | Malorny, Klaus | 70 | HB-Nord | M45 | 8 | 48:37 |
| 34 | 32 | Syren, Michael | 66 | TV Lilienthal | M50 | 7 | 49:12 |
| 35 | 33 | Hagen, Hajo | 81 | TSV Lesum-Burgdamm | M35 | 4 | 49:14 |
| 36 | 34 | Martinez, Damian | 70 | AOK-Halbmarathon-Team | M45 | 9 | 49:18 |
| 37 | 35 | Krauß, Ottmar | 47 | Bremer Skiclub | M70 | 1 | 49:23 |
| 38 | 36 | Sancken, Hartmut | 68 | Osterholz-Scharmbeck | M45 | 10 | 49:25 |
| 39 | 3 | Nestler, Luca Marie | 99 | LT TV Schwanewede | WJU20 | 1 | 49:33 |
| 40 | 37 | Paczula, Henning | 58 | AOK-Halbmarathon-Team | M55 | 4 | 49:48 |
| 41 | 4 | Reinert, Bianca | 84 | | W30 | 1 | 49:49 |
| 42 | 5 | Nestler, Katja | 68 | LT TV Schwanewede | W45 | 1 | 49:53 |
| 43 | 38 | Coors, Kevin | 97 | Bremen | M | 5 | 49:58 |
| 44 | 6 | Ehlers, Frauke | 67 | Bremen | W50 | 2 | 50:06 |
| 45 | 39 | Pätzold, Frank | 66 | AOK-Halbmarathon-Team | M50 | 8 | 50:18 |
| 46 | 7 | Hartwig, Angelika | 56 | Bremen | W60 | 1 | 50:25 |
| 47 | 8 | Luedemann, Bianca | 59 | AOK-Halbmarathon-Team | W55 | 1 | 50:27 |
| 48 | 40 | Bergmann, Marcel | 82 | Osterholz Scharmbeck | M35 | 5 | 50:38 |
| 49 | 9 | Sommer-Schmidt, Kersten | 61 | LG Kreis Verden | W55 | 2 | 50:46 |
| 50 | 41 | Schwieca, Michael | 82 | Triathlonlöwen Bremen | M35 | 6 | 51:00 |
| 51 | 10 | Rust, Maike | 75 | Bremen | W40 | 1 | 51:52 |
| 52 | 42 | Pohl, Lucas | 96 | | M | 6 | 51:56 |
| 53 | 43 | Richter, Frank | 61 | LT TV Schwanewede | M55 | 5 | 52:07 |

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|-------|-----|--------------------------|----|-------------------------------|--------|----|---------|
| 54 | 44 | Witt, Alexander | 71 | Bremen | M45 | 11 | 52:12 |
| 55 | 11 | Grin, Natalja | 74 | Sottrum | W40 | 2 | 52:29 |
| 56 | 12 | Scheithauer, Mirja | 72 | Bremerhaven | W45 | 2 | 52:32 |
| 57 | 45 | Nieland, Volker | 69 | LT TV Schwanewede | M45 | 12 | 52:40 |
| 58 | 13 | Schröder, Kaya | 05 | | WS | 1 | 52:45 |
| 59 | 46 | Brinkmann, Tim | 73 | TSV St. Magnus | M40 | 3 | 52:49 |
| 60 | 14 | Schröder, Birte | 73 | AOK-Halbmarathon-Team | W40 | 3 | 52:56 |
| 61 | 15 | Orczykowski, Elsbieta | 64 | Team E-Center Heidlerchenstra | W50 | 3 | 52:58 |
| 62 | 16 | Koch, Kerstin | 80 | AOK-Halbmarathon-Team | W35 | 2 | 53:07 |
| 63 | 17 | Busch, Bettina | 75 | | W40 | 4 | 53:07 |
| 64 | 47 | Engelbrecht, Frank | 75 | Bremen | M40 | 4 | 53:18 |
| 65 | 48 | Beinke, Thomas | 76 | WerderSport Running Team | M40 | 5 | 53:23 |
| 66 | 49 | Lotz, Michael | 74 | | M40 | 6 | 53:35 |
| 67 | 50 | Mülder, Olaf | 63 | TSV Achim | M50 | 9 | 53:43 |
| 68 | 18 | Rotzoll, Anke | 65 | AOK-Halbmarathon-Team | W50 | 4 | 53:43 |
| 69 | 51 | Schöning, Roger | 70 | LT TV Schwanewede | M45 | 13 | 53:44 |
| 70 | 19 | Pohl, Tatjana | 69 | | W45 | 3 | 54:00 |
| 71 | 52 | Gottfried, Daniel | 87 | Edeka HB-Aumund | M30 | 3 | 54:07 |
| 72 | 53 | Wanzek, Michael | 62 | LG Hansa Stuhr | M55 | 6 | 54:07 |
| 73 | 54 | Friedrich, Thomas | 64 | Roadrunner Tandler | M50 | 10 | 54:36 |
| 74 | 20 | Winkler-Krauß, Iris | 57 | Bremer Skiclub | W60 | 2 | 54:39 |
| 75 | 55 | Meyer, Jean | 75 | Bremen | M40 | 7 | 54:42 |
| 76 | 56 | Bülter, Boris | 85 | Schwanewede | M30 | 4 | 54:44 |
| 77 | 21 | Lühns, Petra | 57 | LT TV Schwanewede | W60 | 3 | 54:45 |
| 78 | 22 | Domingues Silva, Martina | 75 | AOK-Halbmarathon-Team | W40 | 5 | 54:45 |
| 79 | 57 | Dielenschneider, Peter | 71 | Bremen | M45 | 14 | 54:48 |
| 80 | 23 | Eisele, Kirsten | 63 | LT TV Schwanewede | W50 | 5 | 55:02 |
| 81 | 24 | Schröder, Jana | 91 | AOK Halbmarathon Team | W | 1 | 55:09 |
| 82 | 58 | Gerdes, Jörn | 67 | AOK-Halbmarathon-Team | M50 | 11 | 55:13 |
| 83 | 59 | Grimm, Olaf | 68 | LT TV Schwanewede | M45 | 15 | 56:00 |
| 84 | 60 | Junge, Sven | 64 | LG Bremen-Nord | M50 | 12 | 56:19 |
| 85 | 25 | Weinmann, Susanne | 83 | Oldenburg | W30 | 2 | 56:57 |
| 86 | 61 | Häsler, Uwe | 61 | Bremen | M55 | 7 | 57:22 |
| 87 | 26 | Behschnitt, Lea | 02 | TV Schwanewede | WS | 2 | 57:31 |
| 88 | 62 | Helms, Peter | 54 | LG Bremen-Nord | M60 | 2 | 57:32 |
| 89 | 63 | Frings, Holger | 67 | LT TV Schwanewede | M50 | 13 | 57:50 |
| 90 | 27 | Buthmann, Kathrin | 79 | Sottrum | W35 | 3 | 58:01 |
| 91 | 28 | Biendara, Bettina | 73 | Blumenthaler TV | W40 | 6 | 58:06 |
| 92 | 64 | Orczykowski, Ryszard | 60 | Team E-Center Heidlerchenstra | M55 | 8 | 58:13 |
| 93 | 29 | Kantelberg, Maike | 68 | | W45 | 4 | 58:15 |
| 94 | 65 | Bodenbinder, Torsten | 66 | Bremen | M50 | 14 | 58:19 |
| 95 | 30 | Lorenz, Saskia | 84 | Team Dodenhof 2017 | W30 | 3 | 58:22 |
| 96 | 31 | Beinke-Ehlen, Jessica | 79 | Ritterhude | W35 | 4 | 58:38 |
| 97 | 66 | Scheffler, Jörg | 60 | BSG Sparkasse Bremen | M55 | 9 | 59:27 |
| 98 | 67 | Schmalfuß, Stefan | 89 | Bremen | M | 7 | 59:33 |
| 99 | 68 | Bentlage, Domenic | 89 | Bremen | M | 8 | 59:34 |
| 100 | 32 | Lange, Regina | 51 | Laufftreff Ottersberg | W65 | 1 | 1:00:17 |
| 101 | 33 | Mezerova, Adela | 78 | AOK-Halbmarathon-Team | W35 | 5 | 1:00:30 |
| 102 | 34 | Finger, Alix | 64 | TSV Wulsdorf | W50 | 6 | 1:00:53 |
| 103 | 35 | Lingerski, Bianca | 63 | Bremerhaven | W50 | 7 | 1:01:02 |
| 104 | 36 | Ohlenbusch, Heike | 68 | SG Akquinet | W45 | 5 | 1:01:20 |
| 105 | 37 | Böttcher, Moni | 65 | AOK-Halbmarathon-Team | W50 | 8 | 1:01:54 |
| 106 | 69 | Beier, Philipp | 81 | | M35 | 7 | 1:02:43 |

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|-------|-----|---------------------|----|---------------------------|--------|----|---------|
| 107 | 38 | Engelke, Silke | 73 | LT TV Schwanewede | W40 | 7 | 1:03:41 |
| 108 | 39 | Köster, Monique | 72 | | W45 | 6 | 1:04:01 |
| 109 | 40 | Fischer, Melanie | 84 | Bremen | W30 | 4 | 1:04:13 |
| 110 | 41 | Bernau, Waltraud | 49 | Triathlon Club Bremen | W65 | 2 | 1:04:19 |
| 111 | 70 | Braza, Andreas | 68 | Schwanewede | M45 | 16 | 1:04:31 |
| 112 | 71 | Hagendorf, Ronny | 76 | RehaCentrum Alt-Osterholz | M40 | 8 | 1:04:35 |
| 113 | 72 | Pröve, Jens | 65 | Bremen | M50 | 15 | 1:04:35 |
| 114 | 73 | Labahn, Sebastian | 93 | RehaCentrum Alt-Osterholz | M | 9 | 1:06:19 |
| 115 | 42 | Schweighofer, Sonja | 82 | Gerstria | W35 | 6 | 1:06:44 |
| 116 | 43 | Witting, Renate | 49 | Bremer Skiclub | W65 | 3 | 1:08:35 |
| 117 | 74 | Weigelt, Adolf | 39 | Bremen-Nord | M75 | 1 | 1:08:53 |
| 118 | 44 | Moschner, Katrin | 82 | Bremen | W35 | 7 | 1:09:04 |
| 119 | 45 | Schade, Heidi | 68 | RACEBOOKER | W45 | 7 | 1:09:35 |
| 120 | 75 | Unger, Achim | 66 | GYM80 Bassum | M50 | 16 | 1:09:46 |
| 121 | 46 | Weichert, Doris | 61 | Sg akquinet Lemwerder | W55 | 3 | 1:11:20 |
| 122 | 47 | Barta, Merle | 92 | Bremen | W | 2 | 1:12:14 |
| 123 | 76 | Behr, Jan | 92 | Bremen | M | 10 | 1:12:14 |
| 124 | 77 | Lange, Friedrich | 48 | Lauftreff Ottersberg | M65 | 2 | 1:16:08 |
| 125 | 78 | Hartwig, Wolfgang | 36 | VeGESacker TV | M80 | 1 | 1:20:14 |
| 126 | 48 | Kettler, Susanne | 74 | Racebooker TEA | W40 | 8 | 1:20:35 |
| 127 | 49 | Mölling, Dörthe | 69 | RehaCentrum Alt-Osterholz | W45 | 8 | 1:26:46 |